SEEN
BY GOD

Human • Image Bearer • Woman • Leader

Remember and embrace identity, dignity and calling beneath the roles and responsibilities we carry.

Before God asks anything from you,
before your family, organization, community needs anything from you,
—

Who are you?

Not your title. Not your output. Not your usefulness.

What are some roles we carry?

Leader	Manager	Wife	Mother	Daughter
Friend	Mentor	Director	Colleague	Caregiver

Many are beautiful callings and responsibilities.

What shapes the way we see God, ourselves and others?

Experiences

Education

Media

Relationships

YOU

Family

Tradition

Culture

Church

We all see through lenses.

The Belief Tree

FRUIT

What is visible in regard to how I live, love and lead

TRUNK / BRANCHES

How I behave based on those beliefs

ROOTS

What I believe to be truth

SOIL

What has shaped me?

We may have heard many voices telling us what kind of a woman we should be.

Then God said.....

Genesis 1:26–28

Before anything else:

You are Human

What does it mean to be human?

Identity • Dignity • Calling

IDENTITY

Who am I ?

I am God's image bearer.

DIGNITY

What is my worth?

I possess God-given worth because I bear His image and He blessed me.

CALLING

What am I here for?

To represent God and joyfully participate with Him in His good purposes in the world.

I AM *before* I DO

My usefulness does not determine my worth.
God's love for me is not God's reward for my usefulness.

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Human / Female / woman

Fully human. Fully image bearing.

What scriptures or words come to mind when you think of female and woman?

"She is clothed with strength and dignity."

Proverbs 31:25

Woman as Helper

THE HEBREW WORD FOR HELPER IS EZER KENEGDO

A STRENGTH CORRESPONDING TO HIM / STRENGHT ALONGSIDE

ezer

MEANING

- Rescuer, strength, might, assistance, help, military protector

God as the help of His people

Psalm 121:1-2

+

kenegdo

MEANING

As in front of him / facing him

-It highlight her as an equal partner
- Gods answer to his loneliness
- His counterpart

Woman of Valor Chayil

A WOMAN of STRENGHT

Meaning of Chayil:
personal bravery in the face of danger, especially in a battle
Ruth, Proverb 31 woman, Abigail
David's men where also called men of valor

Jesus didn't put women in a box

He redeemed, restored, received
and released them

5 women

FROM ALL WALKS OF LIFE WHO WERE REDEEMED, RESTORED, RECEIVED AND RELEASED BY

Jesus

Priscilla MARRIED (ACTS 18:26)

Samaritan Woman DIVORCED (JOHN 4)

Anna WIDOW, BARREN (LUKE 2:36)

Lydia SINGLE, BUSINESSWOMAN (ACTS 16:12-15)

Martha SINGLE HOUSEKEEPER (JOHN 20:17)

You carry much

PEOPLE

RESPONSIBILITY

VISION

PROBLEMS

EXPECTATIONS

DECISIONS

ORGANISATIONS

Who carries you?

..who have been borne (supported, lifted, sustained) by me from before your birth,
carried from the womb.

Isaiah 46:3

Before we ever carried roles and responsibility, God carried us.

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:3–4

Before we become a place of comfort for others,
we need to know where to find comfort ourselves.

"Let us, therefore, make every effort to enter that rest…"

Hebrews 4:11

COMING TO GOD FOR REST IS A CHOICE.

Rest comes before work. We rest so that we can work

THE BLESSING
Kari Jobe & Cody Carnes
Lyric Video

Our story

Remember and embrace who you are

identity • dignity • calling

Every woman has a story

Irrespective of relationship status or whether we are biological or spiritual mothers, we all have a story that is unique to our calling.

God has been present within it all.

My belief tree

WHAT HAS TAKEN ROOT IN ME?

IDENTITY

What people, experiences and messages have shaped the way I see myself as a woman and leader?

DIGNITY

When did I feel seen, valued and celebrated?

When did I feel diminished, overlooked or silenced?

CALLING

Where have I experienced God's life, freedom and joy?

What gifts, desires or parts of myself might God be inviting me to rediscover or embrace?

Just notice what Holy Spirit is bringing to the surface

Invitation to Share (one on one)

“Rejoice with those who rejoice; mourn with those who mourn.”

Romans 12:15

LISTEN • DON’T FIX • DON’T INTERPRET • DON’T ADVISE

What is the one thing God is drawing your attention to?

Come away with Me says Jesus

MARK 6:31

A JOURNEY OF MERCY & GRACE

Release • Grieve • Receive • Give Thanks • Be Still

MY STORY

BRINGING MY STORY
AS A WOMAN INTO THE
PRESENCE OF GOD

A JOURNEY OF
MERCY & GRACE

Welcome

You have spent time noticing something of your story as a woman, what formed you, what wounded or limited you, and what gave you life. You don't need to understand or resolve everything today.

Now we simply bring our stories to Jesus.

Move gently. You don't need to visit every station. Go where you sense God drawing you. You may want to release something, grieve something, receive something, give thanks or simply be still in His presence.

"Come to me, all you who are weary and burdened, and I will give you rest."
MATTHEW 11:28

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SPACE 1

RELEASE

What am I ready to lay down?

"Cast all your anxiety on him because he cares for you."
1 PETER 5:7

3

SPACE 2

GRIEVE

What needs to be acknowledged and mourned?

"The LORD is close to the brokenhearted."
PSALM 34:18

4

SPACE 3

RECEIVE

What does God want to give me?

"I have loved you with an everlasting love."
JEREMIAH 31:3

5

SPACE 4

GIVE THANKS

Where can I recognise
God's goodness in my story?

"Give thanks to the LORD, for he is good; his love endures forever."
PSALM 107:1

6

SPACE 5

BE STILL

I am known. I am held.
I don't have to do anything.

"Be still, and know that I am God."
PSALM 46:10

7

His story meets my story

"He gives beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness."
ISAIAH 61:3

REDEEMED • RESTORED • RENEWED • RELEASED

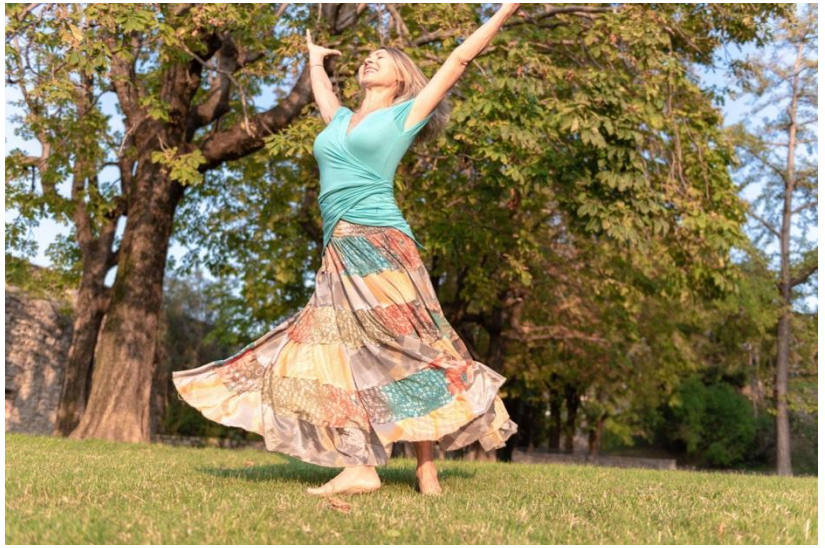
8

The five spaces

RELEASE	GRIEVE	RECEIVE	GIVE THANKS	BE STILL
What am I ready to lay down?	What needs to be acknowledged?	What does God want to give me?	Where do I recognise His goodness?	I am known. I am held.
1	2	3	4	5

There is no right order. Notice where God is drawing you.

God redeems our *story*



You have turned my mourning into joyful dancing.
You have taken away my clothes of mourning and clothed me with joy…

Psalm 30:11 12

Redeemed • *Restored* • *Received* • *Released*

I believe

I AM HUMAN

I BEAR HIS IMAGE

I HAVE DIGNITY

MY STORY MATTERS

MY VOICE MATTERS

I AM CALLED BY GOD

I AM CARRIED BY GOD

Before anything I do for God, I am His.